



CIS Lunch Menu

August 2019

Prices
 Reduced- .40
 Full pay- 2.10
 Adult- 2.85

Menu subject to change without notice

Vision: "To provide meals and service that enrich and nourish lives."

Lunch Includes 5 Components:
Meat/Meat Alternate, Whole Grain, Vegetable, Fruit, Milk-1%, Skim
Note: To make a reimbursable meal, Student must choose at least 3 components; one must be a fruit and/or vegetable, and a minimum of 2 other components

1

2

3

4

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12

13

14

15

16

1. Grilled Cheese
2. Chicken Tenders
3. PBJ

Assorted Fruits
 Assorted Veggies
 Milk Variety

17

1. Walking Taco
2. Rib Sandwich
3. Diced Chicken Salad

Assorted Fruits
 Assorted Veggies
 Milk Variety

18

1. Orange Chicken w/Rice
2. Chicken Patty
3. PBJ

Assorted Fruits
 Assorted Veggies
 Milk Variety

19

1. Bean & Cheese Burrito
2. Chicken Nuggets
3. Cobb Salad

Assorted Fruits
 Assorted Veggies
 Milk Variety

20

1. Pepperoni Pizza
2. BBX Max
3. PBJ

Assorted Fruits
 Assorted Veggies
 Milk Variety

21

1. Meatball Sub
2. BBQ Chicken Sandwich
3. PBJ

Assorted Fruits
 Assorted Veggies
 Milk Variety

22

1. Sloppy Joe
2. Chicken Patty
3. Caesar Salad

Assorted Fruits
 Assorted Veggies
 Milk Variety

23

1. Nacho
2. PBJ
3. Italian Salad

Assorted Fruits
 Assorted Veggies
 Milk Variety

24

1. Waffles & Sausage
2. Rib Sandwich
3. Turkey Salad

Assorted Fruit
 Assorted Veggies
 Milk Variety

25

1. Cheese Pizza
2. Fruit & Yogurt Tray
3. PBJ

Assorted Fruit
 Assorted Veggies
 Milk Variety

